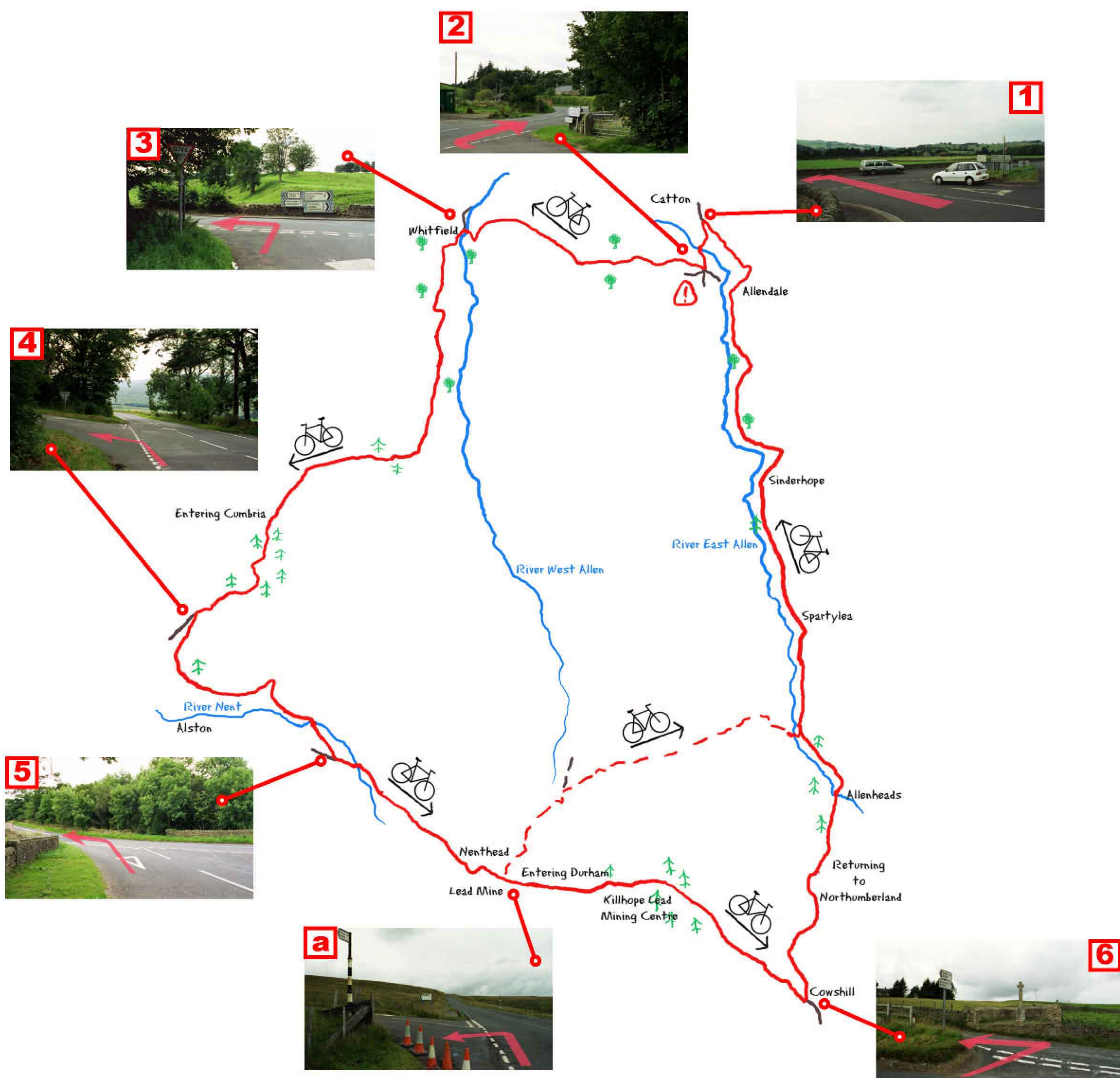


Three Counties



Start in Allendale and head towards Catton (Hexham), at the end of Station Road turn left (1), cycle down the road and cross over the East Allen.

At the cross roads turn right towards Whitfield (2) and on reaching the junction turn left towards Alston (3).

Cycle up to the top of the hill and cross into Cumbria and cycle down the hill towards Alston.

Before Alston turn left towards Nenthead (4), on reaching the main road turn left (5) and continue towards Nenthead.

Pass through Nenthead and cycle up the hill and cross into Durham passing the lead mine at Nenthead and then further on Killhope lead mining centre.

Continue along the road to Cowshill and turn left (6).

Follow the road up the hill, cross back into Northumberland and cycle through Allenheads and back all the way to Allendale.

The route is 36 miles and takes approximately 2 hours 30 minutes.

(an alternative route may be taken by following the C2C to Allenheads (a))