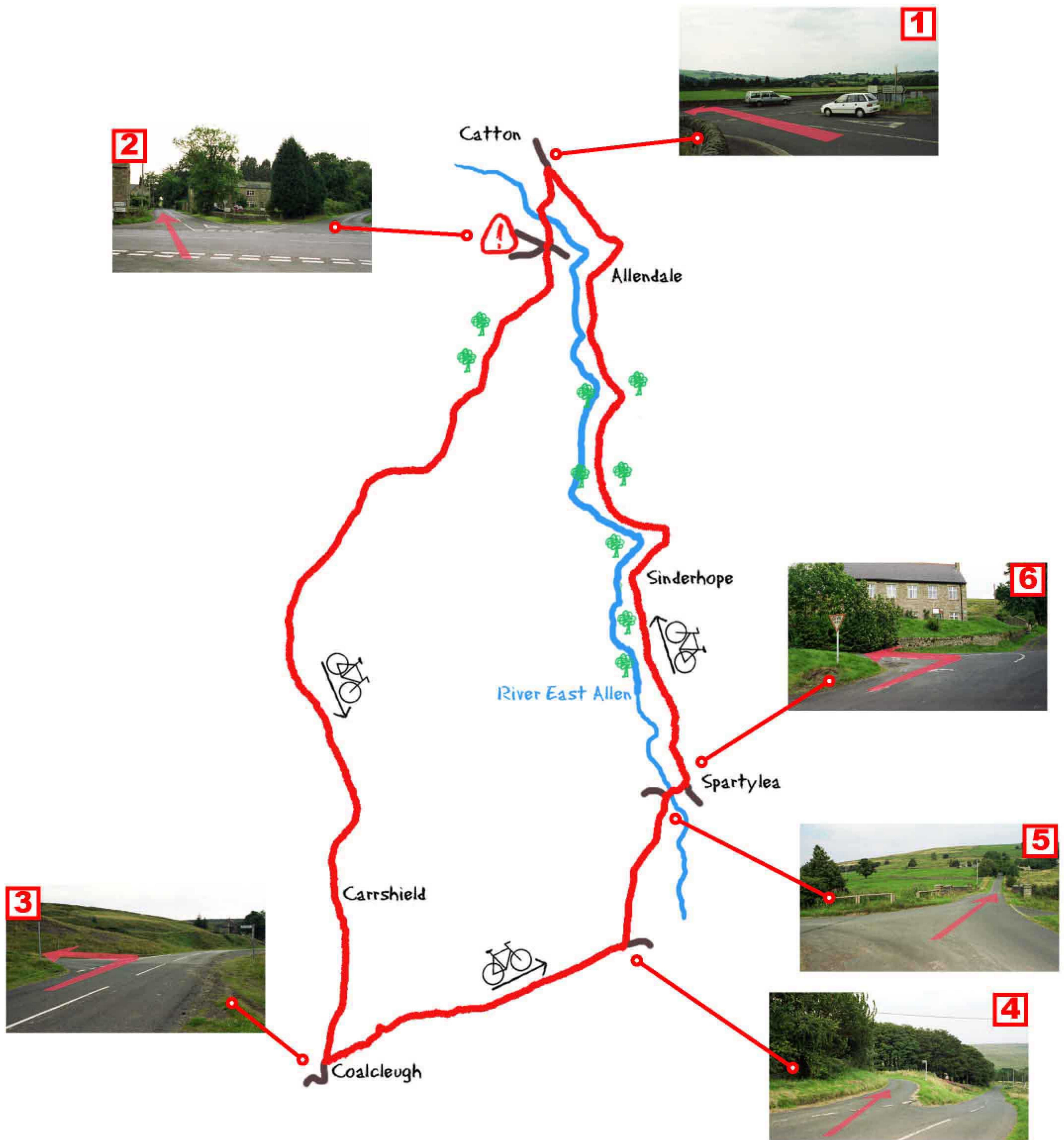


# Moorland and Fells



Start in Allendale and head towards Catton (Hexham), at the end of Station Road turn left (1), cycle down the road and cross over the East Allen.

At the cross roads go straight across and take the left hand branch towards Carrshield (2), continue up the hill and then down through Carrshield to Coalcleugh.

At Coalcleugh turn left towards Allenheads and continue to cycle over the fells (3).

Before reaching the river turn left towards Spartylea (4), follow the road right over the bridge to the main road (5).

Turn left at the main road (6) and cycle back to Allendale.

The route is 20 miles and takes approximately 1 hours 40 minutes.