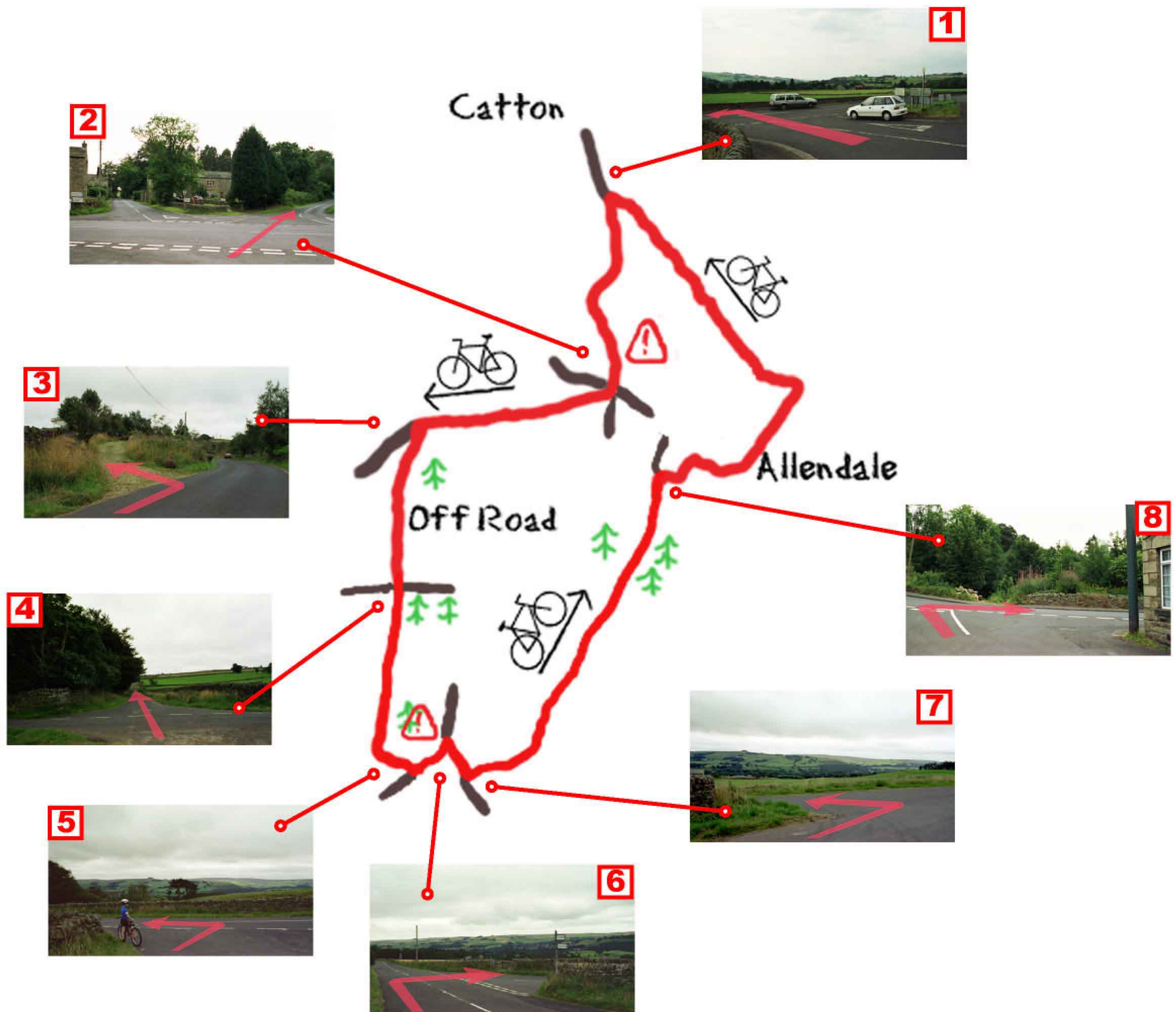


A Short Ride



Start in Allendale and head towards Catton (Hexham), at the end of Station Road turn left (1), cycle down the road and cross over the East Allen.

At the cross roads go straight across and take the right hand branch towards Ninebanks (2), continue up the hill and turn left on to the track opposite the house just before the trees and bend in the road (3).

Cycle along the track and on reaching the road again cycle straight across (4).

On reaching the main road turn left (5) and then at the next junction turn right towards Acton (6).

Cycle along the road a short distance before taking the first left (7) and cycle down the hill towards Allendale passed the farm, through the wood and past the cemetery.

On reaching the main road turn right (8) and cycle up the hill to Allendale.

The route is 5.8 miles and takes approximately 40 minutes.